



2025 ATB Virtual Race FAQs March 1 – March 31, 2025

1. Q. Where is the virtual results page?

A: Click [here](#) for the virtual results page.

("Submit a virtual result button" will activate on March 1, 2025)

[Submit a virtual result](#)

2. Q: How do I submit my virtual race result(s)?

A: Click [here](#) for details on how to submit Virtual Hammer or Hammer Hybrid Results

Click [here](#) on how to submit 5K, 10K, 15K or 30K virtual results not in the Hammer events.

Virtual races must be completed by March 31, 2025. There will be no extensions.

Results must be submitted by 11:59pm on **March 31, 2025**, to receive your race package.

Packages are **not** sent automatically if virtual race results are not submitted.

Packages will be sent 4-6 weeks after the race period. Please note: all medal tabs are personalized all at once thus the 4-6 week time frame required to send your package after the race period closes. So if you complete your virtual race early in the race period, we still have to wait for the race period to end before we can submit our medal tab personalization order.

3. Q: Do I have to run my race distance on a specific day?

A: You can run any of the race categories on any day within the race period which is March 1, 2025 – March 31, 2025.

4. Q: If I am registered for The Hammer, do I have to run the races in order?

A: You can run the races in any order on any day as long as it is within the race period between March 1 – March 31, 2025.

5. Q. If I am in one of the Hammer race categories do I have to enter my results twice?

A: No. For Hammer participants, you will need to enter your results in the Hammer category only. This way, you are ranked in the results with other Hammer times.

Add results

Click on the “Add Result” box under The Hammer Hybrid or Virtual Hammer category to expand and see all the races within the Hammer. Enter your virtual times. Your Hammer Time is the combined time of all your individual races and is ranked against other Hammer Times. For Hammer Hybrid participants, your in-person 30K chip time result will be imported shortly after the race. This may take a few days and we appreciate your patience while the in-person results are uploaded.

6. Q. Can I break up the 30K and run some of it one day and the rest on another day?

A: The 30K race category is intended to be completed in one outing.

7. Q: When will I receive my virtual race package?

A: Packages will be sent 4-6 weeks after the race period. Please note: All medal tabs are personalized at once thus the 4-6 week time frame required to send your package after the race period closes. Hammer Hybrid registrants pick up their package at [Packet Pick Up](#).

8. Q. Can I pick up my virtual race package?

A: Virtual race packages are mailed 4-6 weeks after the race period because of the medal tab personalization. If you do not want medal tab personalization, please email info@bayrace.com and arrangements can be made for pick up during the in-person [Packet Pick Up](#) during race weekend.

9. Q: Will I receive a bib?

A: In the interest of safety, bibs will not be issued for our virtual races. Wearing a bib may confuse some motorists and participants, suggesting there are exceptions to the rules of the road.

10. Q: Do I have to run a specific course or run it in Hamilton?

A: You do not have to run a particular course or at a specific location as long as the distance is achieved. The course does not have to be in Hamilton.

13. Q: Can I participate in the virtual race if I run it on my treadmill?

A: Yes.

14. Q. Can I participate if I am out of province or out of country?

A: Yes, the great thing about virtual is that anyone can participate from anywhere in the world. However, additional shipping fees apply to international participants.

15. Q. I just moved. How do I update my mailing address?

A. It is important for us to have your current mailing address so we can send your race package. Please login to Race Roster and check if your address is correct and current before the virtual race period ends on March 31, 2025. Please remember to include unit/suite/apt number if applicable. If you move after the race period or notice your address is incorrect after March 31, 2025, please email info@bayrace.com with your new/correct mailing address.

16. Q. How can I change my race category?

A. Login to your Race Roster account, click on our race, click on the transfer link near the top and click on transfer to another sub-event and proceed from there. If you are trying to transfer to a sold-out virtual race category, then please email info@bayrace.com. Online transfer period closes on March 9, 2025.

17. Q. If I participate in this year's virtual race, will it count toward the shoelace charm program?

A. Yes, if you have an official result posted, it will count toward the shoelace charm program. The program is not automated. In other words, we cannot track how many races you have run because often people move, register with a slightly different name (Bob/Robert), use pre/married names, etc. Please submit the shoelace charm program form once your result has been posted and a volunteer will verify the request. Please include the possible names you used to register, the exact individual years you completed the race with an official result, etc. More details at <https://bayrace.com/awards/>